



FIRST – “Fasting, the UN-discipline”
1/8/2012 Pastor Mike Ewoldt

Prayer connects us to God.
Fasting disconnects us from the world.

“The ability to connect to the life and power of God is directly related to disconnecting from the world, distractions and things that entangle our hearts.”

To meet our first priority, our first pursuit and first payment, we must also:

UN-LOVE
(1 John 2:15-17)

UN-PLUG
(Psalm 46:10, John 18:36)

UN-TANGLE
(1 Timothy 6:6-10)

My 2012 Fasting Plan:

My 2012 Prayer Targets: