

OVERCOME! Part 1 – “Overcome Shame”

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“Do not be overcome by evil, but overcome evil with good.”
(Romans 12:21)

“for everyone born of God overcomes the world. This is the victory that has overcome the world, even our faith.” (1 John 5:4)

“I have given you authority to trample on serpents and scorpions, and to overcome all the power of the enemy” (Luke 10:19)

OVERCOME SHAME

The Source of Shame

(Genesis 2:25, Genesis 3:6-15)

The Effects of Shame

- Shame changes the way we see **ourselves**.
- Shame changes the way we relate to **one another**.
- Shame changes our **relationship** with God.

The Solution to Shame

(Hebrews 12:1-3, Romans 8:37)

How To Overcome Shame

1. Lose the **fig leaves**. (Stop hiding and bring it to God)
(Prov 28:13, 1 John 1:9, 2 Cor 12)
2. Take **responsibility** for your behavior. (Don't play the blame game.) “blame reinforces shame. Jesus removes it.”
3. Believe and receive **forgiveness and grace**. (The power of confession in the promise of forgiveness.) Psalm 103:1-14
4. Refuse to accept the **spirit of shame**.
(Romans 8:1, Rev 12:10, Psalm 25:1-3)
5. Forgive **every person** who hurt, offended or shamed you.
(Ephesians 4:32, Colossians 3:15)